

The **NEXT** STEP Journey To Wellness

Important Information

- Participation in the **NEXT** STEP Journey To Wellness Program is totally voluntary.
- The associate's (and spouse's - if married & covered by NEX Benefits), level of program engagement will determine the Health Savings Account (HSA) that will be provided for the next benefit year.
- 3 Health Savings Account (HSA) Levels
 - Gold – Basic Requirements completed plus 200 points earned
 - Silver – Basic Requirements Completed; Less than 200 points earned
 - Bronze – No Basic Requirements Completed; No points earned

HSA	Single	Family
Gold	\$2700	\$5200
Silver	\$1350	\$2500
Bronze	\$850	\$1500

- To be eligible for any Family HSA all requirements and/or points must be completed by the Associate and Spouse.
- Journey To Wellness requirements and points may be earned between August 1st, 2018 through July 15th, 2019.
- All requirements and points must be completed and reported by 11:59pm on July 15th, 2019, unless otherwise indicated.
- Be aware of and pay attention to all Deadlines
- To abide by HIPPA regulation please submit your Annual Physical and Biometrics documents to:

Applied Health:

Mail to: Applied Health Analytics
414 Union Street, Suite 910
Nashville, TN 37219
Attn: Stephanie Orton

Fax: Applied Health Analytics
Fax #: 844-453-3551